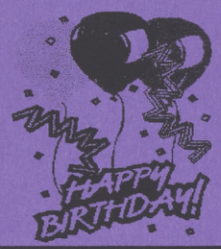
Greater Sacramento Area Couples

MAR 11 1996

Library
Lambda Community Center
Sacramento, CA

March 1996 Volume V Number III

Happy Birthday



1 Ida (of Sue)
24 Vivienne (of Amanda)
27 Bob (of Don)

Happy Anniversary

27 Don and Ken's 2nd

Past Happenings

GSAC ANNIVERSARY

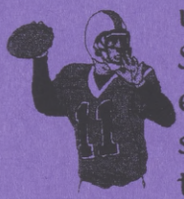
On February 10, GSAC celebrated its 5th anniversary by 22 couples sharing a great dinner at Andiamo's Restaurant. We enjoyed the pleasant atmosphere of the private room, decorated by your board with a Valentine theme, and the great food. The London Broil was excellent, tender and rare. The Tuscan chicken was juicy and sweet, and the lasagna was saucy and tangy. The beautiful cake was just the right finish to a wonderful dinner. By far though, the best part of the evening was that almost every couple in GSAC attended the feast. It was wonderful to see so many friends together at one time.

DIM SUM BRUNCH

On Sunday January 21st, Don and Ken hosted a group of GSAC members at the Happy Garden restaurant where they experienced a banquet of traditional Chinese Dim Sum. We were guided by Don and Ken's good friend David on a two hour feast ,sampling more than twenty incredible dishes! (David, by the way, owns a great little shop on J. St. called *The Gifted Gardener*. He says to stop by and say Hi!) The food, the friends and the fun made the experience delightful and although we declined to try the fried chicken feet, we left feeling like we had visited China for a day.

SUPERBOWL BONANZA!

Jean and Jodi were kind enough to welcome us to their home for the GSAC Superbowl party this year. Once everyone had served themselves some munchies and drinks, we took over their large "family" room Juan even settled into the new recliner and turned on the vibrator. (This one massages your BACK, so get your minds out of the gutter!!



As we prepared for an afternoon of championship football, the Cowboys were the favorites, everyone hoping that Pittsburgh would get their just desserts. Jo was ,of course, wearing her Dallas Jersey (the girl is so Butch)! Dallas initially took the lead, so, after the first half, we had more great food to eat. (Aren't get-togethers are a great excuse to cheat on that New Year's resolution to diet?)

In the second half, the Steelers made some impressive moves at getting even with Dallas, and the attendees started in on "Dallas Jo". Al even said he would throw Jo's Cowboy jersey in the fireplace when they lost. In the end, Dallas won and Jo was cheering (and kept her jersey).

The game, the company and especially the commercials, were entertaining. Thank-you Jean and Jodi for opening up your home to the GSAC bunch.

UPCOMING EVENTS

WAFFLE NIGHT

Our next general meeting, March 10, will be a waffle dinner and social night. Show up at St. Matthew's at 7:00 P.M. and come with an appetite. Bring your own favorite toppings or something you have always wanted to try on a waffle. GSAC will be making waffles 'til you say STOP! Butter will be available. The rest is up to you. Use your imagination and come up with something exciting.

We will be playing a game to check your ability to lie successfully. *Two Truths and a Lie* is a quick game that is a lot of fun. We also may learn the most amazing things about each other.

Also, remember to give your support to Maryhouse this month. They need breakfast items such as pancake syrup, juice (especially the small cardboard boxes for kids) and other breakfast items. Please see the article in the BOARD NEWS section for more details.

ST. PATRICK'S DAY DINNER

Our next dinner out is hosted by Al and Juan at the Plaza HofBrau at the corner of Watt and El Camino on March 17. Imagine that, an Irish holiday celebrated at a HofBrau! They serve a great assortment of A-la-Cart meals, so you can choose the traditional corned beef, or indulge in other choices. Join the group for an evening filled with fun, and the luck of the IRISH! Just call Al and Juan at 723-8644 by March 11th so they know how many people will be attending.

SHUFFLE THOSE CARDS!

For all you card lovers, Missy and Lisa are hosting a card night at their home at 7:30 P.M. on March 22, and everyone is welcome. They are hoping for enough friends to get 2 or 3 tables of card games such as Pinochle, Hearts, or Poker going strong. Call them at 925-6658 for more details and directions.

TIDBITS

To All My Friends

As you all know, this past year has been very trying for me. I have discovered that the loss of a mother is one of life's most difficult experiences. I would like to take this opportunity to thank all of you at GSAC for your support and friendship that helped to ease a difficult time. You are all very special to me and I thank you for the friendship. -Al

A FULL BOARD AT LAST!

Barb and Pat have generously offered their time to fill the last remaining board position of Membership Couple. Since they are already active in Integrity, as well as juggling careers, we appreciate their commitment to GSAC and look forward to their help and ideas.

BOARD NEWS

MARYHOUSE

Maryhouse has been picked by the members as the GSAC focus for community service this year. A program of Loaves and Fishes, Maryhouse is a daytime shelter for homeless women and children. Their 8 person staff, combined with numerous volunteers, offer counseling, breakfast, showers, laundry services, access to phones, diapers, and childcare help and guidance to over 100 women and children daily. They also function as an advocate for these families, referring them to appropriate agencies for longer term help in obtaining housing, health care and other needed services. Maryhouse also is connected with such services as the Mustardseed School for homeless children and a variety of health clinics. In 1995, Maryhouse provided help to 1776 women and their 1440 children.

No government funds are given to support Maryhouse. It is strictly supported by donations of time, money, and supplies. At this time, Maryhouse is especially needy of the following items:

- plastic baby bottles
- baby food (meat, veggies or fruit)
- boxed fruit juices
- pancake syrup

We are hoping that each GSAC couple can donate items for Maryhouse at the next general meeting. Pick up a second bottle of syrup or a six-pack of juice, or if you find it easier to have us do the shopping, just donate a few bucks.

FUTURE PLANS

One of the best results from the anniversary dinner at Andiamo's was that Missy and Lisa received numerous suggestions, ideas, and volunteers for upcoming activities. High vote getters included Dinner Out, Progressive dinner, video and movie nights, and the newlywed game. In addition to these fun activities suggested, new ideas of an *X-files* night, golf, hikes, and beach trips may develop into future plans. Volunteers, expect phone calls in the next few months as we count on your help to make all our plans work.

PICTURE/BADGE BOARD

Do you, on occasion, forget your name tag for a GSAC event? Some of us do, so we decided to make a badge/picture board. It will store your badge, along with your picture. Hopefully we will all get better at knowing who belongs to whom, and we won't be able to forget our badges again. So, at Andiamos, the board took advantage of having 22 of 26 couples

present to take pictures. Unfortunately, some of the pictures did not develop so we will take some badge photos at the next general meeting.

COUPLES NATIONAL NETWORK CONVENTION

Our parent organization is again hosting a weekend get-away. Last year they celebrated in San Francisco, with our representatives, Sue and Ida, Jo and Verity, having a wonderful time of fun, renewal, and fellowship. This year the convention will be held on May 17-18, in Las Vegas. More information will follow in the next newsletter.

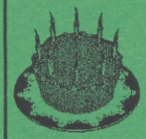
GSAC CALENDAR

- 3-9 at 7 PM, general meeting at St. Matthew's, Waffle Night
- 3-17 dinner out at the Haufbrau
- 3-22 at 7:30 PM, card night at Lisa and Missy's
- 4-13 at 7 PM, general meeting, St. Matthew's, Bunko night
- 5-17,19 Couples Weekend, Las Vegas

COMMUNITY CALENDAR

- Lambda players are performing *Edward II* and *Lesbian Perspecive*, April 5 to May 4 and *The Boys in the Band* and *The Killing of Sister George*, May 31 to July 6
- Pro Women's Volleyball - March 3, Elk Grove High School 7:30 PM

March 1996

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Ida (of Sue)	2
3 Women's Pro Volley-ball 7:30pm	4	5	6	7	8	9 General Meeting Waffle Night 7pm
10	11	12	13	14	15	16
17 Dinner out at Hof Brau 7 pm St. Patrick's Day	18	19	20	21	22 Card Night at Missy & Lisa's 7:30pm	23
24  Vivienne (of Amanda)	25	26	27 Don & Ken's 2nd Anniversary Bob (of Don)	28	29	30
31						

Statement of Purpose

Greater Sacramento Area Couples (GSAC) is an affiliate member of Couples National Network, Inc. Couples National Network's founding principle is providing social, educational, and humanitarian outreach to persons participating in lesbian or gay relationships. We do not have any specific religious, or political affiliations. Our interest is in supporting the positive aspects of our relationships and the sense of stability that they represent for our community and lifestyle.

GSAC Committee Couples for 1996

Please call any of these couples if you desire more information about GSAC.

You can also write to GSAC at Post Office Box 861, Sacramento CA 95812-0861.

Chair Couple	Jo and Verity	Phone: (916) 729-3799
Vice Chair Couple	Tim and Todd	Phone: (916) 920-8426
Finance Couple	Nina and Sonya	Phone: (916) 726-3992
Newsletter Couple	Lisa and Mandie	Phone: (916) 683-2298
Publicity Couple	Al and Juan	Phone: (916) 723-8644
Activities Couple	Lisa and Missy	Phone: (916) 925-6658
Membership Couple	Barb and Pat	Phone: (916) 394-1715

Library
Lambda Community Cente
Sacramento, CA

Dues and Costs of Attending GSAC Events

GSAC couples pay dues of $5 per month (paid semi-annually) to cover the costs of the newsletter, meeting room, decorations, etc. As a result, regular monthly meetings and most events and functions, are free to members. Non-members and guests may be asked to contribute a nominal fee to attend some events. Such fees will be indicated in the event description in the monthly newsletter.

If you wish to join GSAC, please contact the Finance Couple. Dues are prorated to expire on a common date (either April 1 or October 1). Also, there is a $10 registration fee that covers personalized name tags for each new member.

Articles Printed In Newsletter

GSAC prohibits the use or reproduction of the contents of this newsletter without the written consent of GSAC or Couples National Network, Inc. Address any comments or articles for newsletter to the GSAC Media Couple, Post Office Box 861, Sacramento, CA 95812-0861.

GSAC's Mailing List and Your Privacy

GSAC does not assist in the dissemination of data on its members. It is the policy and the practice of GSAC and Couples National Network, Inc. neither to publish last names, addresses, or phone numbers of members, nor to release this information to anyone for any reason. Simply stated: We do not sell or give-away our membership list.

GSAC only uses first names in the monthly newsletter. We will not print your phone number in any article without prior approval. If you volunteer to host a function, we will not print your address in the newsletter. Rather, we will print the first names and telephone numbers (with prior approval) of the couple responsible for organizing the event. The organizing couple will give additional information and directions for the event.

Couples National Network -- Parent Organization and Affiliates

This listing of our parent organization and affiliates is current as of the date of this newsletter. Contact any of these affiliates if you will be visiting one of these cities.

Couples National Network, Inc.
P.O. Box 33724 San Diego, CA. 92163-3724
Contact:Sandy and Janice (619) 692-1574

Alamo Couples
P.O Box 12446, San Antonio, TX. 78212-2446
Contact Dayle and Raymond (210) 653-8348

Couples of Arizona
PO Box 7144, Phoenix, AZ 85011-7144
Contact Carolyn and Evelyn (602) 253-5802

Couples of San Diego
PO Box 33724, San Diego, CA 92163-3724
Contact Q and Jo (619) 219-5757

Couples of Metro Dallas
PO Box 803156, Dallas, TX 75380
Contact Davis and Arnold (214) 492-4606

Couples of San Francisco Bay Area
P.O. Box 191745, San Francisco, Ca. 94119-1745
Contact Sam and Ted (415) 929-8402

Couples of Miami Valley
PO Box 14004, Dayton, OH 45414
Contact John and Paul (513) 228-5352

Inland Empire Couples
PO Box 3033, Rancho Cucamonga, CA 91729-3033
Contact Tony and Tex (909) 783-7736

Couples of Pfennsylvania (COPA)
1622 S. Bradock Ave. Pittsburgh, PA 15218-1638
Contact Bob and Harry (412) 371-6269

Bayshore Couples
750 Carolina Ave. Sunnyvale, CA 94086
Contact David and David (408) 735-8777